THE

Twenty-second Annual Report

OF THE

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,

HAYWARDS HEATH,

BEING THE 67TH ANNUAL REPORT

SINCE THE

OPENING OF THE HOSPITAL.

FOR THE YEAR 1925.

BRIGHTON:

WALTER GILLETT, LTD., Printers, 42 MARKET STREET.

1926.

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LIST OF MEMBERS
OF THE VISITING COMMITTEE
WITH THE DATES OF THEIR APPOINTMENTS.

COUNCILLOR JOHN LORD THOMPSON, J.P. (*Mayor*), Nov., 1925.
38, Florence Road, Brighton.

ALDERMAN JAMES COLBOURNE, J.P. (*Chairman*), Nov., 1903.
24 Preston Park Avenue, Brighton.

ALDERMAN HENRY GERVIS, J.P., Nov., 1919.
14 Stanford Avenue, Brighton.

ALDERMAN JOHN LINTOTT, Sept., 1908.
1 Waldegrave Road, Brighton.

ALDERMAN WILLIAM STEVENS, J.P., April, 1919.
26 Marlborough Place, Brighton.

ALDERMAN JOSEPH STRINGER, Nov., 1903.
The Nook, Wellington Road, Brighton.

ALDERMAN CHARLES JOHN TEASDALE, J.P., Nov., 1920.
24 Walpole Road, Brighton.

ALDERMAN FRANCIS THOMAS WILSON, J.P., June, 1912.
2 Temple Gardens, Brighton.

ALDERMAN WILLIAM GEORGE WELLMAN, Nov., 1919.
14 Harrington Villas, Brighton.

COUNCILLOR THOMAS JAMES BRAYBON, Nov., 1913.
Devonshire House, West Drive, Brighton.

COUNCILLOR GEORGE BRIDLE, Nov., 1925.
352 Ditchling Road, Brighton.

COUNCILLOR TOM COCHRANE, Feb., 1924.
45 Stanley Road, Brighton.

COUNCILLOR JOHN MANSFIELD, Nov., 1916.
17 Stanford Avenue, Brighton.

COUNCILLOR ALBERT EDWARD PETER, APRIL, 1921.
Stoneleigh, Preston Park, Brighton.

COUNCILLOR CYRIL WILKINSON, Mar. 1912.
7 Cavendish Place, Brighton.

31st MARCH, 1926.

LIST OF THE OFFICERS.

Medical Superintendent—G. H. Harper-Smith, Esq., M.A., M.D., (Camb.), M.R.C.S., and L.R.C.P.

First Assistant Medical Officer—F. H. Guppy, Esq., M.C., M.R.C.S., L.R.C.P., and D.P.M.

Acting Second Assistant Medical Officer—D. E. S. Davies, Esq.,

Consulting Surgeon—R. F. Jowers, Esq., F.R.C.S.

Dentist—S. F. Glassington, Esq., L.D.S., R.F.P.S., Gas.

Chaplain—Rev. Prebendary J. A. W. Bell, M.A.

Clerk and Steward—Mr. W. E. Mitchell.

Assistant Clerk—Mr. E. C. Thompson.

Storekeeper—Mr. E. E. Doughty.

Farm Bailiff—Mr. M. Waterer.

Housekeeper—Miss M. Darbyshire.

Head Male Nurse—Mr. F. W. Keeling.

Matron—Miss J. Goodwin.

Treasurer—B. Y. Bevan, Esq.

Clerk to the Visitors—Jas. H. Rothwell, Esq., C.B.E.

31st March, 1926.

Brighton County Borough Mental Hospital.

ROYAL COLLEGE OF SURGEONS OF ENGLAND
22 SEP 26
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TWENTY-SECOND ANNUAL
REPORT OF THE VISITING COMMITTEE.

(*Pursuant to Section* 190 *of the Lunacy Act*, 1890).

BEING THE SIXTY-SEVENTH ANNUAL REPORT SINCE THE FOUNDATION OF THE MENTAL HOSPITAL.

To the Council of the County Borough of Brighton.

THE VISITING COMMITTEE submit their Report for the period from the 1st November, 1924, to the 31st December, 1925.

The number of patients on the books on the 31st December last, and on the corresponding date of the previous year, was as follows :—

	1924	1925
Males	304	301
Females...	517	527

The numbers are divided as follows :—

	M.	F.	Total
From Brighton Union	175	305	480
From Brighton Borough... ...	2	5	7
From the part of Steyning Union within the County Borough ...	34	70	104
From Eastbourne Union... ...	44	79	123
From Napsbury Mental Hospital	—	15	15
Out County	5	9	14
Private	14	44	58
Service	25	—	25
Ex-Service	2	—	2

In addition to the above, there are six female children placed under contract at Hellingly Mental Hospital and nine male children placed under contract at the Surrey County Mental Hospital at Netherne.

There has been no change in the personnel of the administrative staff during the year.

The general health of the patients and staff has been satisfactory.

The weekly maintenance rate in respect of the four Quarters of 1925 was fixed by the Visiting Committee as follows :—

	1925	1924
March Quarter	24/9	24/–
June ,, ...	24/9	24/–
September,, ...	24/9	24/–
December,, ...	24/6	24/–

Members of the Committee have regularly visited the patients and inspected the Wards at each monthly meeting.

A Commissioner of the Board of Control visited the Mental Hospital on the 9th and 10th December last, and left a satisfactory report.

Deputations from Boards of Guardians have visited the patients in the Institution chargeable to their several Unions and left favourable reports as to their treatment.

The imbecile children boarded out at Hellingly and Netherne Mental Hospitals respectively have been

visited by members of the Visiting Committee, who found the patients in each Institution well cared for.

The Contract with the Eastbourne Town Council for the reception in the Mental Hospital of patients from the County Borough of Eastbourne has been extended for a further period of five years from the 1st April, 1926.

The scheme for the installation of electricity at the Mental Hospital, which was approved by the Town Council in September, 1924, is proceeding satisfactorily and it is anticipated that the work will be completed by May next.

The Committee have pleasure in recording that through the instrumentality of Alderman Teasdale, J.P., during his Mayoralty, a Wireless Set was purchased and fixed at the Institution for the benefit of the patients.

Superannuation allowances have been granted during the period under review to the following officers and servants, viz. :—Male Mess Room Attendant, F. J. Ralph, Male Nurse F. J. Baker, George Baylis, Tailor, A. J. Harrison, Basket Maker, J. Aylin and Ernest Betts, Garden Labourers, and Elizabeth Harris, Caretaker of the Nurse's Home.

On the 30th May last, the Committee reported to the Council with a synopsis of the accounts for the year ended 31st March last, and these accounts will appear in the Committee's Blue Book.

The prescribed increases of pensions under the Pension (Increase) Act, 1920, granted to pensioners of the Institution eligible to receive the same have, with the concurrence of the contributing Authorities, been further continued until the 31st March, 1926.

The administrative work of the Institution continues to be capably performed by Dr. Harper Smith, with the assistance of his medical colleagues and the staff generally.

On behalf of the Committee,

(Signed) JAMES COLBOURNE,

Chairman.

30th January, 1926.

THE

MEDICAL SUPERINTENDENT'S REPORT.

To the Visiting Committee.

MR. CHAIRMAN AND GENTLEMEN,

I have the honour to submit the Twenty-second Annual Report of the Brighton County Borough Mental Hospital, being the Sixty-seventh Report since the opening of the Institution.

The admissions during the year 1925 have been; Males, 80; Females, 134; Total, 214. The discharges during the year have been: Males, 51; Females, 82: Total, 133. The deaths during the year have been: Males, 32; Females, 42 Total: 74.

The average daily number resident during the year has been: Males, 303,; Females, 517; Total, 820.

The number in Hospital on December 31st, was: Males, 301; Females, 527; Total 828.

They were chargeable as follows:—

	M.	F.	Total
Brighton Parish	175	305	480
The portion of Steyning Union included in the County Borough of Brighton	34	70	104
Out County Unions...	5	9	14

	M.	F.	Total
Private Patients	14	44	58
Service Patients	25	—	25
Ex-service	2	—	2
Patients under Contract—			
Eastbourne	44	79	123
Napsbury	—	15	15
Borough of Brighton	2	5	7

Compared with the year ending December 31st, 1924, the number of patients chargeable to the Brighton Union has decreased by 7, while the whole number remaining on the books has increased by 7.

The number of indirect admissions, that is transfers from other Hospitals, was 5 males and 10 females, total 15. 43 males and 49 females were discharged recovered during the year, giving a percentage of recoveries, calculated on direct admissions of 57.33 per cent. for males and 39.52 per cent. for females.

One serious accident has occurred during the year: M. E., an old lady, aged 85, accidentally slipped from her chair and fractured the neck of her right femur. An enquiry into the cause of her death was held by the Coroner. The following verdict was returned by the jury: "Died from exhaustion following shock of fracture of Neck of Femur by falling out of a chair, when asleep in the Ward, on October 4th."

During the year the health of the patients has been extremely good, considering the large number of very old people in the Hospital.

No patient has suffered from Dysentery during the year. The last case occurred in March, 1924. One female nurse has had mumps.

Full parole has been given to 20 male patients and to 27 female patients during the year. This has been greatly appreciated by the patients, and I have not received any complaints concerning their behaviour.

Football, cricket, and stoolball matches have been played by the patients during the season.

The religious services have been regularly held by the Chaplains, The Rev. Canon Bell, and the Rev. Thaxted Cripps, who also visited the Wards each week. The Roman Catholic Priest has visited regularly.

Deputations from the Brighton and Eastbourne Boards of Guardians have visited the Hospital twice during the year, and have expressed their satisfaction with the care and treatment of the patients.

Dr. Branthwaite, a Commissioner of the Board of Control, visited the Hospital on December 9th.

Twenty-four male and nineteen female nurses hold the Medico-psychological Nursing Certificate, and fourteen male and ten female nurses have passed the preliminary examination.

The general conduct of the staff during the year has been very satisfactory.

I wish to thank the Officers and Staff for the assistance they have given me in the administration of the Hospital, and in conclusion, I beg to thank you, Mr. Chairman and Gentlemen for your support and consideration.

I am, Mr. Chairman and Gentlemen,

Your obedient Servant,

(Signed) G. H. HARPER-SMITH,

Medical Superintendent.

30*th January*, 1926.

THE REPORT OF THE CHAPLAIN.

Gentlemen,

In submitting my First Annual Report to you, I have to point out that it deals with a period of fifteen months.

It was on the 1st October, 1924, that I took up the duties of Chaplain, under the new arrangement, by which the Chaplain is no longer a whole-time Officer.

In carrying on the work I have been most efficiently supported and aided by my colleagues, the Rev. R. T. Cripps and the Rev. H. E. Ward.

The report may be divided into two parts, the work which is done in the Chapel, and that which is done in the wards, etc., of the Institution.

(1) As regards the former, the services have been performed regularly. The Holy Communion has been celebrated on the first Sunday in each month, and on great Festivals; a sermon has been preached every Sunday morning, and there has been Evensong every Sunday afternoon. The services seem to be appreciated by the patients: Mr. Knight, the Organist, has taken a great deal of pains with the music; and the Choir have, to a great extent, shown willingness to help in their part of the work.

Considerable improvements have been made in the appointments of the Chapel, and it is hoped that more may follow. The books have been renewed, and the linen, etc., are well cared for.

(2) The Wards have been regularly visited each week. Prayers have been held, in addition to those in the Dining Hall, in both Infirmary Wards every Sunday, and in Male and Female Ward VI. each Monday and Friday respectively.

The Library has been duly attended to, and a series of Lectures with Lantern Slides has been given during the Winter to the patients.

In cases where the Medical Superintendent has thought it desirable, individual patients have been specially visited, and as far as possible the effort has been made to do what can be done in co-operation with the Medical authorities to forward the work of healing, and to alleviate distress.

I am, Gentlemen,

Yours faithfully,

(Signed) J. A. W. BELL,

Vicar of Haywards Heath and
Prebendary of Chichester.
Chaplain.

30*th January*, 1926.

REPORT OF THE DENTAL SURGEON.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.
HAYWARDS HEATH.

THE DENTAL SURGEON has the honour to lay before the Committee his Annual Report.

The number of patients attended since January, 1924 has been 435 ; Males, 180 ; Females, 255.

The number of teeth extracted has been 412, gas being administered in 85 cases, the remainder being extracted with local anaesthetic.

The number of fillings completed has been 10 and 37 patients have had their teeth scaled and cleaned.

A few patients have required attention to their dentures.

The Dental Surgeon has been very greatly assisted by the Medical Officers in cases necessitating the administration of N2O Gas.

(Signed) S. F. GLASSINGTON,
L.D.S., R.F.P.S., Gas.

25th January, 1926.

REPORT OF COMMISSIONER OF BOARD OF CONTROL.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.
December 10*th*, 1925.

The changes that have occurred amongst patients—admissions 237, discharges and transfers 149, and deaths 82—since my colleague's visit in October, 1924, have left on the books the names of 828, of whom 303 are men and 525 women. On this visit, which has extended over yesterday and part of to-day, I found 827 of these in residence, one male patient being absent on leave for trial. Of the total number on the books 56 are in the private class, including 27 in the "service" and "ex-service" classes, and 149 are out-county cases on contract, chargeable for the most part to Eastbourne and Napsbury. The maintenance ates per head are, for Home patients 24/6 per week, for out-county cases 29/6, and for private patients 28/– to 63/–.

To the best of my belief I have, during my inspection of wards, workshops, and domestic working departments, seen all patients now in residence, giving to all who desired it an opportunity for conversation. With the exception of a few applications for discharge, made by persons who are at present unfit for liberty,

and some statements obviously due to mental disorder that could not be supported by evidence, I heard nothing in the nature of complaint regarding treatment, diet, or surroundings, whilst many spoke gratefully of the treatment they were receiving. There seemed to a general air of contentment, and quiet and orderly behaviour was evident throughout.

There is already some show of benefit from the recent appointment of a dressmaker to supervise the making of women's clothing, and of good results from her efforts to get away from the old stereotyped style of institution clothing. It seemed to me, however, that more rapid progress would be made, and that there would be better chance of efficiency, if a room could be definitely allocated to sewing purposes, where the most useful workers could be concentrated under the immediate supervision of the dressmaker. The present arrangements, which include the scattering of workers in ordinary day rooms are not favourable to either progress or efficiency and the result aimed at seems to be worth some effort to secure both.

The general health of the institution was good, and patients as a whole presented an appearance of being in a satisfactory state as to nutrition ; a condition undoubtedly due to a dietary that has been materially supplemented of late, The food scale now follows as nearly as possible the lines laid down by the Departmental Committee on Mental Hospital Dietaries ; but could be made to still more fully approximate to those lines, without additional cost, by improvement

in Kitchen Equipment. I discussed this fully with the Medical Superintendent and pointed out the desirability of provision being made during the wiring for electric supply, for the installation of machine aids to more rapid food preparation which in the end would be economical also. I was glad to find that a capable Steward has been appointed with control, under the Medical Superintendent, over all matters relating to local food production at the farm, acquisition by purchase, cooking and preparation for table, and distribution. This is in accordance with the best principles for good service, and attention is only needed now to the provision of sufficient Kitchen equipment to secure that complete efficiency which is now hampered by inadequate facilities.

Attention appears to be paid to the necessary classification of patients, so far as conditions permit; but I was sorry to find that new admissions, for whom classification is of utmost importance, have to be treated amongst chronic cases in ordinary wards. Without unduly pressing expenditure on building at the moment, where other work of value is in hand, I would urge the provision at the earliest moment when this is possible of a small completely detached Admission Hospital. Close attention to the treatment of cases during the early stages of disorder gives the best chance of recovery, and such cases therefore deserve those conditions most likely to produce favourable results.

In connection with the question of early treatment I was glad to hear that there is a possibility of the

establishment in the near future, of an out-patient clinic in Brighton under Dr. Harper-Smith's supervision. It is to be hoped that this scheme will mature, and that it will be associated with the General Hospital.

Nearly all patients under treatment for sickness in bed were cases of debility, chronic disease associated with mental disorder as cause or effect, or patients under special nursing care for mental reasons. There was little in the nature of acute illness, no dysentery (a disease from which the institution has been free since last visit) and no case of any other form of infectious disease in the ordinary acceptation of the term. Four men and fourteen women were suffering from tuberculosis in varying stages of activity. In the absence of verandahs I found many patients undergoing open air treatment in bed in the ward gardens.

One death since October last was due to exhaustion following fracture of the neck of the femur in a patient of 85, otherwise all that have occurred during the interval have been due to natural causes, no one of which calls for special comment. All the nine non-fatal casualties have been in the nature of fracture or dislocation of bones accidentally sustained.

The structure generally has been well maintained, and some improvements and alterations have been carried out. The most important work now in progress is the erection of an electrical generating station for the supply to the institution of electric light to replace gas. The value of this improvement by facilitating administration adding to the comfort of patients will be very great. The dayrooms and dormitories

were well kept, properly supplied with books and games, warm and comfortable. I thought, however, that ablution arrangements attached to them, practically throughout, were defective and altogether unsatisfactory. Efforts should be made to gradually replace the basins, buckets, and wooden tables, with properly fitted lavatory basins, which would be more cleanly, more easily worked and much more hygienic.

The ward staff now consists of 58 male and 82 female nurses, 10 of the former and 13 of the latter being detailed for night duty. Twenty-four male and 19 female nurses possess the full certificate of the Medico-psychological association, and 14 of the former and 10 of the latter have passed the preliminary examination for that qualification.

Dr. Harper-Smith has the help of Dr. Guppy and Dr. Davies as his Assistant Medical Officers.

Although this Hospital is lacking in some of the amenities possessed by institutions of its kind of more modern construction, there are evidences of the determination of the Committee to bring it gradually up-to-date. The installation of electric light for instance, and the suggested addition of an operating theatre, with (it is to be hoped) an attached laboratory, which is regarded by my Board as a provision of great importance. In the meantime there is ample evidence that Dr. Harper-Smith is taking full advantage of the facilities he already possesses for the advantage and welfare of his patients.

(Signed) R. W. BRANTHWAITE,
Commissioner of the Board of Control.

REPORT OF INSPECTOR OF THE MINISTRY OF PENSIONS.

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL,
HAYWARDS HEATH.
25th September, 1925.

Since the visit of last year the following changes have taken place amongst the Service Patients admitted to this Institution, all those remaining under care having been seen to-day.

Remaining 5th July, 1924	21
Admitted or Classified since 5th July, 1924	9
Discharged Recovered since 5th July, 1924	3
Transferred to other Institutions since 5th July, 1924	3
Died since 5th July, 1924	1
Remaining 25th September, 1925... ...	23

The patient who died was G. T. Chapman, the certified cause of death General Paralysis of the Insane.

Apart from two patients C. W. Turner and H. Macklen who are supplied with clothing by their relatives, the men were dressed in the blue serge suits specially provided for their use, and were clean and smart in appearance. Night shirts are worn by one or two of the service patients but others wear their day shirts at night, two of which are issued to them weekly from general ward stock.

R. A. Carrick and C. Sturmer refuse to draw their pocket money, the other men accepting the weekly allowance of 2/6, of whom five receive it in money and the remainder have the equivalent in kind, and are permitted to choose the comforts they desire.

Some small additions have been made to the patients' dietary during the past year but it still falls short of the improved standard which has of late been adopted in the majority of Mental Hospitals throughout the country: at present the cooking facilities are limited owing to the kitchen equipment being inadequate to allow of the preparation of additional courses for some of the patients' meals, and until supplementary equipment is installed there appears to be little prospect of making further improvement and introducing greater variety into the patient's meals. Three patients complained to me of the monotony of some of the daily meals but others questioned expressed themselves as being satisfied.

F. W. Brooking is the only Service Patient showing mental improvement. H. Macklen was in bed owing to general debility and the remaining men appeared to be in good bodily health.

Record Cards have not been received for two Pensioners:—236696 Gunner Herbert Macklen, R.F.A., admitted 4/4/25; 25964 Private Frederick Brooking, Grenadier Guards, admitted 22/5/25.

Classification.—A decision on entitlement is awaited in one case which has been submitted to Pensions

Issue Office: 84645 Gunner Frederick Miller, R.G.A., admitted 7/7/25. Form 1 sent 3/9/25.

General Remarks.—Apart from the few remarks made respecting the lack of variety in the dietary the patients were free from complaint and gave the impression of being happy and contented, well cared for, and comfortable in their wards.

I was informed that twenty per cent. of the total male patients are on parole which includes one or two of the Service Patients, the others owing to their mental condition being unfit to have any liberty allowed them.

Dr. Harper Smith displays a very keen interest in the welfare of those visited to-day, and I have to thank him for the arrangements kindly made to facilitate my inspection.

(Signed) I. L. FORWARD,

Headquarters Inspector,
Ministry of Pensions.

Male and Female Nurses in the Service who have obtained the Certificate of the Medico-Psychological Association.

Louisa Green
William Mills
Daisy F. Eldridge
Frank Tarry
Amos W. Newnham
Francis W. Osmond
Lawrence White
Annie G. E. Hoxey
Ellen H. Smith
Beatrice M. Fidler
Ernest Fuller
Harry Thomas
John T. W. Weller
Grace A. Lane
Edith Iron
Rose Wingrove
Ada Hodgetts
Ethel Fox
George Bridger
George Bellchamber
E. H. Vinehill
George H. Stone
Frank Carter
J. E. Barnett
E. C. Packham
Annie Elstob
Albert E. Nunns
George F. Mason
Ernest C. Newnham
Thomas G. Parsons
Emma L. Stevens
Thelma M. Cox
Arthur King
William G. Murrell
George F. Marchant
George A. Guymer
Percy G. Rolfe
Gladys Mellor
Mary L. Yates
Lilian Davis
Kathleen Macalister

31*st December*, 1925.

STATISTICAL TABLES

FOR THE

Year ending December 31st, 1925.

TABLE 1.

General Table, showing the movement of the Mental Hospital Population during the Year 1925.

	Certified Patients.					
	M.	F.	T.	M.	F.	T.
On the Registers, Jan. 1st., 1925	304	517	821			
Total Cases Admitted during the Year	80	134	214			
Total Cases under Treatment during the Year...				384	651	1035
Cases Discharged or Transferred during the Year—						
Recovered	43	49	92			
Relieved	7	29	36			
Not Improved	1	4	5			
Died during the Year	32	42	74			
Total Cases Discharged, Transferred and Died During the Year				83	124	207
On the Registers, Dec. 31st., 1925				301	527	828
Average Daily Number on the Registers during the Year ...				303	517	820

Certified Persons (*i.e.*, separate persons in contradistinction to "cases," which may include the same individual more than once).

	M.	F.	T.
Certified under Care during the Year ...	380	650	1030
,, Admitted	76	133	209
,, Recovered	43	48	91

TABLE 2.

GENERAL TABLE, showing the movement of the Mental Hospital Population during each year since the year 1859, together with the Recovery and Death Rates.

Year.	Admissions. Direct.			Admissions. Indirect.			Admissions. Total.			Total Number under Treatment.			Discharged or Transferred. Recovered.			Discharged or Transferred. Relieved.			Discharged or Transferred. Not Improved.			Died.			Remaining on Registers, 31st December.			Average Daily Number on Registers.			Percentage of Total Recoveries on the Total Number of Admissions.			Percentage of Total Recoveries on the Direct Admissions.			Percentage of Deaths on Average Number on Registers.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
1859...	28	29	57	115	135	250	143	164	307	143	164	307	2	4	6	...	...	...	1	1	2	4	6	10	136	153	289	108	125	233	1.4	2.4	2.0	7.1	13.8	10.5	...	...	...
1860...	66	75	141	14	29	43	80	104	184	216	257	473	13	22	35	4	3	7	4	...	4	25	9	34	170	223	393	160	198	358	16.2	21.2	18.0	19.7	29.3	24.8	15.6	4.6	9.5
1861...	52	60	112	51	6	57	103	66	169	273	289	562	6	19	25	2	1	3	12	19	31	27	19	46	226	231	457	194	226	420	5.8	28.8	14.8	11.5	31.7	22.3	14.0	8.4	11.0
1862...	56	68	124	4	1	5	60	69	129	286	300	586	14	16	30	1	6	7	5	3	8	22	18	40	244	257	501	232	249	481	23.3	23.2	23.3	25.0	23.5	24.2	9.5	7.2	8.3
1863...	53	21	74	6	1	7	59	22	81	303	279	582	16	18	34	9	2	11	33	1	34	28	15	43	217	243	460	235	256	491	27.1	81.9	42.0	30.2	85.7	45.9	11.9	5.9	8.8
1864...	60	48	108	4	22	26	64	70	134	281	313	594	11	10	21	5	2	7	4	4	8	36	21	57	225	276	501	223	250	473	17.2	14.3	15.7	18.3	20.8	19.4	16.1	8.4	12.1
1865...	61	53	114	6	4	10	67	57	124	292	333	625	16	17	33	6	6	12	1	4	5	36	29	65	233	277	510	227	281	508	23.9	29.8	26.6	26.2	32.1	28.9	15.9	10.3	12.8
1866...	66	85	151	4	4	8	70	89	159	303	366	669	17	25	42	5	8	13	1	...	1	40	30	70	240	303	543	239	296	535	24.3	28.1	26.4	25.8	29.4	27.8	16.7	10.1	13.1
1867...	66	92	158	3	1	4	69	93	162	309	396	705	15	27	42	6	13	19	1	4	5	35	37	72	252	315	567	244	312	556	21.7	29.0	25.9	22.7	29.3	26.6	14.3	11.9	12.9
1868...	49	71	120	70	2	72	119	73	192	371	388	759	14	34	48	5	5	10	2	...	2	28	24	52	322	325	647	290	326	616	11.7	46.6	25.0	28.6	47.9	40.0	9.6	7.4	8.4
1869...	53	67	120	7	1	8	60	68	128	382	393	775	21	25	46	6	4	10	2	3	5	35	29	64	318	332	650	320	333	653	35.0	36.8	35.9	39.6	37.3	38.3	10.9	8.7	9.8
1870...	81	80	161	2	3	5	83	83	166	401	415	816	29	32	61	5	2	7	...	...	...	28	29	57	339	352	691	332	344	676	34.9	38.6	36.7	35.8	40.0	37.9	8.4	8.4	8.4
1871...	50	62	112	2	2	4	52	64	116	391	416	807	28	35	63	16	8	24	48	1	49	38	31	69	261	341	602	304	345	649	53.8	54.7	54.3	56.0	56.5	56.2	12.5	9.0	10.6
1872...	89	97	186	49	33	82	138	130	268	399	471	870	23	44	67	7	11	18	2	1	3	35	32	67	332	383	715	295	369	664	16.7	33.8	25.0	25.8	45.4	36.0	11.8	8.7	10.1
1873...	96	102	198	4	2	6	100	104	204	432	487	919	30	43	73	14	26	40	1	2	3	45	25	70	342	391	733	337	393	730	30.0	41.3	35.8	31.2	42.2	36.9	13.4	6.4	9.6
1874...	118	114	232	1	4	5	119	118	237	461	509	970	29	40	69	8	13	21	1	1	2	64	41	105	359	414	773	348	405	753	24.4	33.9	29.1	24.6	35.1	29.7	18.4	10.1	13.9
1875...	112	122	234	10	14	24	122	136	258	481	550	1031	23	34	57	35	20	55	9	18	27	61	59	120	353	419	772	364	422	786	18.9	25.0	22.1	20.5	27.9	24.4	16.8	14.0	15.3
1876...	114	102	216	17	15	32	131	117	248	484	536	1020	43	47	90	16	20	36	11	6	17	43	40	83	371	423	794	365	424	789	32.8	40.2	36.3	37.7	46.1	41.7	11.8	9.4	10.5
1877...	90	101	191	15	16	31	105	117	222	476	540	1016	26	34	60	25	22	47	21	7	28	46	50	96	358	427	785	360	426	786	24.8	29.1	27.0	28.9	33.7	31.4	12.8	11.7	12.2
1878...	103	107	210	9	14	23	112	121	233	470	548	1018	38	31	69	20	14	34	11	10	21	47	57	104	354	436	790	362	430	792	33.9	25.6	29.6	36.9	29.0	32.9	13.0	13.3	13.1
1879...	102	103	205	2	8	10	104	111	215	458	547	1005	32	36	68	15	22	37	4	2	6	48	50	98	359	437	796	360	440	800	30.8	32.4	31.6	31.4	35.0	33.1	13.3	11.4	12.2
1880...	108	109	217	7	5	12	115	114	229	474	551	1025	46	32	78	20	25	45	6	9	15	53	32	85	349	453	802	361	448	809	40.0	28.1	34.1	42.6	29.4	35.9	14.7	7.1	10.5
1881...	98	117	215	4	3	7	102	120	222	451	573	1024	45	34	79	11	16	27	3	...	3	35	34	69	357	489	846	360	472	832	44.1	28.3	35.6	45.9	29.1	36.7	9.7	7.2	8.3
1882...	111	103	214	4	4	8	115	107	222	472	596	1068	43	70	113	10	20	30	2	6	8	51	27	78	366	473	839	360	475	835	37.4	65.4	50.9	38.7	68.0	52.8	14.2	5.7	9.3
1883...	101	131	232	2	6	8	103	137	240	469	610	1079	42	53	95	30	38	68	...	2	2	41	39	80	356	478	834	360	478	838	40.8	38.7	39.6	41.6	40.5	40.9	11.4	8.2	9.5
1884...	110	107	217	5	7	12	115	114	229	471	592	1063	42	49	91	14	28	42	8	4	12	52	34	86	355	477	832	361	483	844	36.5	43.0	39.7	38.2	45.8	41.9	14.4	7.0	10.2
1885...	96	111	207	...	3	3	96	114	210	451	591	1042	43	29	72	14	26	40	4	1	5	33	39	72	357	496	853	359	480	839	44.8	25.4	34.3	44.8	26.1	34.8	9.2	8.1	8.6
1886...	95	103	198	5	7	12	100	110	210	457	606	1063	40	47	87	14	26	40	7	31	38	45	29	74	351	473	824	357	480	837	40.0	42.7	41.4	42.1	45.6	43.9	12.6	6.0	8.8
1887...	122	101	223	2	3	5	124	104	228	475	577	1052	46	44	90	15	10	25	3	4	7	47	50	97	364	469	833	361	474	835	37.1	42.3	39.5	37.7	43.6	40.4	13.0	10.5	11.6
1888...	121	111	232	6	5	11	127	116	243	491	585	1076	36	31	67	19	25	44	5	4	9	53	27	80	378	498	876	364	485	849	28.3	26.7	27.6	29.8	27.9	28.9	14.6	5.6	9.4
1889...	103	115	218	6	8	14	109	123	232	487	621	1108	31	30	61	27	16	43	35	51	86	54	44	98	340	480	820	361	483	844	28.4	24.4	26.3	30.1	26.1	28.0	15.0	9.1	11.6
1890...	117	161	278	4	7	11	121	168	289	461	648	1109	39	38	77	19	23	42	7	36	43	33	70	103	363	481	844	356	485	841	32.2	22.6	26.6	33.3	23.6	27.7	9.3	14.4	12.2
1891...	121	158	279	10	17	27	131	175	306	494	656	1150	41	41	82	20	50	70	42	48	90	52	64	116	339	453	792	363	481	844	31.3	23.4	26.6	33.9	25.9	29.4	14.3	13.3	13.7
1892...	107	159	266	10	7	17	117	166	283	456	619	1075	16	34	50	15	21	36	7	2	9	51	72	123	367	490	857	347	466	813	13.7	20.5	17.7	14.9	21.4	15.0	14.7	15.4	15.1
1893...	115	129	244	19	35	54	134	164	298	501	654	1155	22	44	66	21	25	46	77	54	131	46	38	84	335	493	828	360	508	868	16.4	26.8	22.1	19.1	34.1	27.0	12.8	7.5	9.7
1894...	108	130	238	51	54	105	159	184	343	494	677	1171	28	33	61	12	26	38	13	72	85	46	53	99	395	493	888	381	482	863	17.6	17.9	17.8	25.9	25.4	25.6	12.1	11.0	11.5
1895...	114	106	220	9	4	13	123	110	233	518	603	1121	27	35	62	18	24	42	41	22	63	52	55	107	380	467	847	378	482	860	22.0	31.8	26.6	23.7	33.0	28.2	13.8	11.4	12.4
1896...	94	135	229	4	4	8	98	139	237	478	606	1084	32	44	76	20	22	42	4	1	5	49	37	86	373	502	875	375	490	865	32.7	31.7	32.1	34.0	37.0	33.2	13.1	7.5	9.9
1897...	101	122	223	28	12	40	129	134	263	502	635	1137	20	42	62	9	16	25	73	32	105	49	52	101	351	494	845	365	515	880	15.5	31.3	23.6	19.8	34.4	27.8	13.4	10.1	11.5
1898...	96	125	221	13	18	31	109	143	252	460	637	1097	19	37	56	13	14	27	7	7	14	37	56	93	384	523	907	365	513	878	17.4	25.9	22.2	19.8	29.6	25.3	10.1	10.9	10.6
1899...	109	142	251	10	10	20	119	152	271	503	675	1178	38	47	85	10	17	27	17	4	21	44	46	90	394	561	955	390	543	933	31.9	30.9	31.4	34.9	33.1	33.9	11.3	8.5	9.6
1900...	120	134	254	6	5	11	126	139	265	520	700	1220	43	48	91	16	22	38	2	31	33	38	53	91	421	546	967	406	564	970	34.1	34.5	34.3	35.8	35.8	35.8	9.4	9.4	9.4
1901...	96	108	204	6	14	20	102	122	224	523	668	1191	34	40	74	9	15	24	26	2	28	45	45	90	409	566	975	406	550	956	33.3	32.8	33.0	35.4	37.0	31.4	11.1	8.2	9.4
1902...	93	148	241	6	6	12	99	154	253	508	720	1228	29	44	73	7	17	24	5	44	49	48	51	99	419	564	983	416	577	993	29.3	28.6	28.9	31.2	29.7	30.3	11.5	8.8	10.0
1903...	112	118	230	57	24	81	169	142	311	588	706	1294	41	55	96	15	11	26	223	287	510	53	39	92	256	314	570	373	500	873	24.3	38.7	30.9	36.6	46.6	41.7	14.2	7.8	10.5
1904...	71	83	154	101	153	254	172	236	408	428	550	978	18	36	54	9	14	23	3	...	3	20	26	46	378	474	852	339	441	780	10.5	11.0	13.2	25.4	43.4	35.1	5.9	5.9	5.9
1905...	63	83	146	2	17	19	65	100	165	443	574	1017	24	35	59	9	15	24	4	9	13	31	38	69	375	477	852	377	483	860	36.9	35.0	35.9	38.1	42.2	40.4	8.2	7.9	8.0
1906...	65	81	146	9	6	15	74	87	161	449	564	1013	16	14	30	8	5	13	6	6	12	33	34	67	386	505	891	389	491	880	21.6	16.1	18.7	24.6	17.3	20.5	8.5	6.9	7.6
1907...	52	97	149	10	9	19	62	106	168	448	611	1059	16	29	45	6	11	17	9	14	23	38	40	78	379	517	896	386	505	891	25.8	27.4	26.8	30.8	29.9	30.2	9.8	7.9	8.8
1908...	74	78	152	6	6	12	80	84	164	459	601	1060	16	30	46	5	10	15	102	110	212	39	21	60	297	430	727	328	462	790	20.0	35.7	28.0	21.6	38.5	30.3	11.9	4.5	7.6
1909...	63	71	134	59	58	117	122	129	251	419	559	978	12	22	35	9	8	17	7	8	15	29	31	60	362	489	851	310	438	748	9.8	17.8	13.9	19.0	32.4	26.1	9.4	7.1	8.0
1910...	52	87	139	9	13	22	61	100	161	423	589	1012	18	27	45	12	20	32	6	10	16	21	26	47	366	506	872	366	498	864	29.5	27.0	27.9	34.6	31.0	32.4	5.7	5.2	5.4
1911...	54	86	140	57	59	116	111	145	256	477	651	1128	18	33	51	17	30	47	77	83	160	26	40	66	365	504	869	365	504	869	16.2	22.7	19.9	33.3	38.3	36.4	7.1	7.9	7.6
1912...	53	64	117	44	22	66	97	86	183	436	551	987	14	30	44	21	19	40	5	5	10	34	34	68	362	463	825	347	454	801	14.4	34.8	24.0	26.4	46.8	37.6	9.8	7.5	8.5
1913...	70	102	172	4	11	15	74	113	187	436	576	1012	21	32	53	12	25	37	6	6	12	56	63	119	341	450	791	350	461	811	28.3	28.3	28.3	30.0	31.4	30.8	16.0	13.6	14.6
1914...	94	105	199	12	50	62	106	155	261	447	605	1052	28	42	70	12	18	30	9	5	14	41	61	102	357	479	836	353	471	824	26.4	27.1	26.8	29.7	40.0	35.1	6.2	6.9	6.6
1915...	99	141	240	56	38	94	155	179	334	512	658	1170	40	35	75	12	27	39	5	6	11	67	81	148	388	509	897	389	500	889	25.8	18.9	22.1	40.4	24.1	30.8	17.2	16.2	16.6
1916...	97	127	224	14	16	30	111	143	254	499	625	1154	28	46	74	16	23	39	2	4	6	67	53	120	386	526	912	393	522	915	25.2	32.1	29.1	28.8	36.5	33.1	17.0	10.1	14.2
1917...	109	118	227	3	7	10	112	125	237	498	651	1149	26	31	57	17	26	43	23	47	70	75	59	134	357	488	845	368	498	866	23.2	24.8	24.0	23.8	26.2	25.1	20.3	11.8	15.4
1918...	108	124	232	73	147	220	181	271	452	538	759	1297	28	52	80	15	21	36	...	4	4	120	70	190	371	606	977	369	556	925	15.4	19.2	17.6	25.9	41.9	34.4	32.5	12.5	20.5
1919...	79	141	220	3	7	10	82	148	230	453	754	1207	24	39	63	15	36	51	86	150	236	60	58	118	268	471	739	307	559	866	29.2	26.3	27.8	30.3	27.8	28.7	19.5	10.3	13.6
1920...	74	127	201	5	12	17	79	139	218	347	610	957	14	34	48	16	13	29	7	30	37	35	43	78	276	490	766	268	484	752	17.7	24.5	22.0	18.9	26.7	23.3	13.0	8.9	10.4
1921...	83	126	209	11	7	18	94	133	227	370	623	993	25	49	74	16	32	48	8	3	11	23	46	69	298	493	791	285	495	780	26.5	36.8	33.0	30.1	33.8	35.4	8.0	9.2	8.8
1922...	80	118	198	7	18	25	87	136	223	385	629	1014	39	41	80	11	29	40	4	6	10	37	61	98	294	492	786	293	495	788	44.8	30.1	35.8	48.7	34.7	40.4	12.6	12.3	12.4
1923...	64	102	166	8	12	20	72	114	186	366	606	972	19	33	52	6	21	27	5	10	15	28	41	69	308	501	809	300	495	795	26.3	28.9	27.9	29.6	32.3	31.3	9.3	8.2	8.6
1924...	76	106	182	5	8	13	81	114	195	389	615	1004	23	32	55	11	20	31	9	10	19	42	36	78	304	517	821	308	507	815	28.4	28.0	28.2	30.2	30.1	30.2	13.6	7.1	9.5
1925...	**75**	**124**	**199**	**5**	**10**	**15**	**80**	**134**	**214**	**384**	**651**	**1035**	**43**	**49**	**92**	**7**	**29**	**36**	**1**	**4**	**5**	**32**	**42**	**74**	**301**	**527**	**828**	**303**	**517**	**820**	**53.7**	**36.5**	**43.0**	**57.3**	**39.5**	**46.2**	**10.5**	**8.1**	**9.0**
Total...	5788	6933	12721	1172	1271	2443	6960	8204	15164	...	...	...	1799	2366	4165	850	1193	2043	1175	1371	2546	2832	2741	5573	...	...	...	...	...	...	...	...	...	...	...	...	...	...	...

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LIBRARY

ROYAL COLLEGE OF SURGEONS OF ENGLAND
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TABLE 3.—Showing the Form of Mental Disorder on Admission in the Direct Admissions and Transfers during the year 1925.

	Forms of Mental Disorder.	Direct Admissions.			Transfers.			Total.		
		M.	F.	T.	M.	F.	T.	M.	F.	T.
Congenital or infantile mental deficiency (idiocy or imbecility occurring as early in life as it can be observed.	1. Intellectual — *a.* With Epilepsy	3	1	4	1	1	2	4	2	6
	1. Intellectual — *b.* Without Epilepsy	2	1	3	...	...	...	2	1	3
	2. Moral	...	...	...	...	...	...	...	...	...
Insanity occurring later in life.	1. Insanity with Epilepsy	3	2	5	1	...	1	4	2	6
	2. General Paralysis of the Insane...	3	2	5	...	...	...	3	2	5
	3. Insanity with Grosser Brain Lesions	...	...	...	...	...	...	...	...	...
	4. Acute Delirium	2	...	2	...	...	...	2	...	2
	5. Confusional Insanity	5	10	15	1	...	1	6	10	16
	6. Stupor	...	...	...	...	...	...	...	...	...
	7. Primary Dementia	2	2	4	...	1	1	2	3	5
	8. Mania — *a.* Recent	7	16	23	...	...	...	7	16	23
	8. Mania — *b.* Chronic	2	...	2	...	3	3	2	3	5
	8. Mania — *c.* Recurrent	4	6	10	...	...	...	4	6	10
	9. Melancholia — *a.* Recent	22	43	65	...	1	1	22	44	66
	9. Melancholia — *b.* Chronic	...	1	1	...	...	...	...	1	1
	9. Melancholia — *c.* Recurrent	4	19	23	1	...	1	5	19	24
	10. Alternating Insanity	...	...	...	...	...	...	...	...	...
	11. Delusional Insanity — *a.* Systematised ...	10	5	15	1	1	2	11	6	17
	11. Delusional Insanity — *b.* Non-Systematised ...	4	8	12	...	...	...	4	8	12
	12. Volitional Insanity — *a.* Impulse	...	...	...	...	...	...	...	...	...
	12. Volitional Insanity — *b.* Obsession	...	...	...	...	...	...	...	...	...
	12. Volitional Insanity — *c.* Doubt	...	...	...	...	...	...	...	...	...
	13. Moral Insanity	...	...	...	...	...	...	...	...	...
	14. Dementia — *a.* Senile	2	8	10	...	1	1	2	9	11
	14. Dementia — *b.* Secondary	...	...	...	...	2	2	...	2	2
	Totals	75	124	199	5	10	15	80	134	214

TABLE 4.

An Analysis of the Discharges and Transfers during the Year 1925.

	M.	F.	T.	M.	F.	T.	M.	F.	T.
Discharged as Recovered.									
From Direct Admissions.									
First-Attack Cases	22	32	54						
Not First-Attack Cases	16	14	30						
Cases unknown whether First-Attack or not ...	2	...	2						
Total from Direct Admissions ...				40	46	86			
From Transfers.									
First-Attack Cases	2	2	4						
Not First-Attack Cases	1	1	2						
Cases unknown whether First-Attack or not ...	...	...	...						
Total from Transfers				3	3	6			
Total Discharged as Recovered ...				43	49	92			
				Relieved.			Not Improved.		
Discharged (not Recovered) as :—									
Relieved	1	23	24	1	23	24			
Not Improved	1	1	2				1	1	2
Total	2	24	26						
Reasons for such Discharge.									
To go to Care of Friends	2	24	26						
,, Workhouse	...	...	...						
,, Metropolitan Asylum (England) ...	...	...	...						
To be Boarded Out	...	...	...						
Statutory, by Irregularity in Reception Order ...	...	...	...						
,, by Lapsing of ,, ,, ...	...	...	...						
Other reasons...	...	...	...						
Total	2	24	26						
Transferred as :—									
Relieved	6	6	12	6	6	12			
Not Improved	...	3	3				...	3	3
Total	6	9	15						
Destinations of such Transfers.									
To other Asylums, Reg. Hospitals, and Licensed Houses	6	9	15						
To "Single Care"	...	...	...						
Other Destination	...	...	...						
Total	6	9	15						
Total Discharged and Transferred as :—									
Relieved				7	29	36			
Not Improved							1	4	5

"RATE-PAID" PATIENTS' DIETARY SCALE.

		Males.	Females.
BREAKFAST.	Bread	6 ozs.	5 ozs.
	Margarine	½ ,,	½ ,,
At 8.0 a.m.	Coffee or Cocoa ...	1 pt.	1 pt.
with one of the following Extras *daily* :—			
	Fish Paste or Meat Paste	1 oz.	1 oz.
	Tinned Meat ...	2 ozs.	2 ozs.
	Porridge	½ pt.	½ pt.
	Luncheon Sausage ...	1½ ozs.	1½ ozs.
	Saveloys	1	1
	Marmalade	1½ ozs.	1½ ozs.
	Jam	1½ ozs.	1½ ozs.

Formula :—

Cocoa, per 100 pints = 26 ozs. Cocoa, 3 lbs. Sugar, 1½ gallons Milk.

Coffee, per 100 pints = 1½ lbs. Coffee, ¼ lb. Chicory, 2¾ lbs. Sugar, 1½ gallons Milk.

Porridge, per 100 pints = 18¾ lbs. Oatmeal, 8 tins Condensed Milk, and 3 lbs. Sugar.

		Males.	Females.
DINNER.	Boiled Beef or Pork	4 ozs.	4 ozs.
	Haricots	4 ,,	3 ,,
At 1.0 p.m.	Vegetables	16 ,,	12 ,,
Weekly, but not in rotation.	Pea Soup	1 pt.	1 pt.
	Bread	4 ozs.	4 ozs.
	Fruit Dumpling ...	6 ozs.	6 ozs.
	Fish with White Sauce	8 ,,	7 ,,
	Potatoes	16 ,,	12 ,,
	Bread	4 ,,	4 ,,
	Treacle and Ginger Pudding	6 ,,	6 ,,
	Meat Pies or Puddings	12 ,,	12 ,,
	Vegetables	12 ,,	12 ,,
	Roast Beef, Mutton or Pork	6 ,,	6 ,,
	Vegetables	16 ,,	12 ,,
	or Blue Peas ...	4 ,,	3 ,,
	Bread	4 ,,	2 ,,
	Irish Stew	1 pt.	1 pt.
	Bread	4 ozs.	4 ozs.
	Bread Pudding ...	6 ozs.	6 ,,

Extras:—

Once a week when in Season: Stewed Rhubarb and Fruit with Rice and Treacle.

Once a week when in Season: Salads with dressing.

Formula—

Pea Soup for 100 Patients=18 lbs. Split Peas, 43¾ lbs. Bones, &c., 50 lbs. Vegetables.

Fruit Dumpling, per 100 lbs. weight=56 lbs. Flour, 14 lbs. suet, 9 lbs. Currants, 9 lbs. Raisins.

Bread Pudding, for 100 Patients=12½ lbs. Bread, 3 lbs. 2 ozs. Sugar, 2 lbs. 2 ozs. Fat, 2 lbs. 2 ozs. Currants.

White Sauce for 100 patients, 28 ozs. flour, 12½ ozs. margarine, Vinegar a sufficiency.

Meat Pies and Puddings, for 100 Patients=25 lbs. Flour, 6¼ lbs. Suet, 25 lbs. Meat.

Irish Stew, for 100 Patients=25 lbs. Meat, 50 lbs. Vegetables, 8 lbs. Pearl Barley.

Treacle and Ginger Pudding, per 100 lbs. weight=60 lbs. Flour, 15 lbs. Suet, 8 lbs. Treacle, 1 lb. Ginger.

SUPPER, at 6.0 p.m.

Weekly, but not in rotation:—

	Males.	Females.
Two evenings—Cake (Currant or Seed)	7 ozs.	6 ozs.
Two evenings—Bread	6 ,,	5 ,,
Margarine ...	¾ ,,	½ ,,
Three evenings—Bread	6 ,,	5 ozs.
Marmalade, Jam or Honey ...	1½ ,,	1½ ,,
Each evening—Tea	1 pt.	1 pt.

Lettuce and Onions are given when supplies permit.

Formula for making Cake, per 100 lbs. = 64 lbs. Flour, 14 lbs. Currants, (or 1¾ lbs. Carraways), 14 lbs. Sugar, 21 lbs. Fat or Margarine, ½ lb. spice.

Tea, per 100 pints=1 lb. Tea, 3 lbs. Sugar, 1½ gallons Milk.

EXTRAS.

Male and Female Patients when sitting up late receive ½ pt. Oxo, 4 ozs. bread at 7.30 p.m.

Extra bread for all meals is issued above the scale if required.

All Milk is unskimmed.

EXTRA DIET FOR MALE WORKING PATIENTS.

½ pint Cocoa, 4 ozs. Bread, ½ oz. Cheese at 11.0 a.m.
½ pint Gingerette at 4.0 p.m.
Tobacco and Snuff given as indulgences.

EXTRA DIET FOR FEMALE WORKING PATIENTS.

½ pint Cocoa, 4 ozs. Bread, ½ oz. Cheese at 11.0 a.m.
4 ozs. Bread, ¼ oz. Margarine, ½ pint Tea at 4.0 p.m.

EXTRA DIET FOR SICK PATIENTS.

Steak, Mutton Chop, Mince Meat, Fowl, Fish, Eggs, Mutton Broth, Beef Tea, Essence of Beef, Milk, Arrowroot, Rice Pudding, Custard Pudding, Barley Water, Gruel, Oranges, Jellies, Stout, Wines, Spirits and Minerals, Wholemeal Bread.

STAFF DIETARY.

WEEKLY. (Dinners 5)	7	lbs	Bread (Women 5¼ lbs.)
	¼	,,	Tea.
	¼	,,	Coffee.
	¾	,,	Sugar.
	1	,,	Cheese (Women ½ lb.)
	½	,,	Jam.
	½	,,	Margarine.
	3½	pints	New Milk.
	3		Eggs.
			Dried Fish once a week.
	10	ozs.	Beef.
	6	ozs.	Mutton.
	6	,,	Pork.
	4	,,	Bacon.
	5	lbs.	Vegetables.
	3		Sweet Puddings.
	2		Peas Puddings.

31st March, 1926.

PRIVATE PATIENTS' DIETARY SCALE.

Weekly, but not in rotation :—

BREAKFAST	DINNER.	TEA.	SUPPER.
Coffee, Bread and Margarine Egg.	6 ozs. Roast Mutton, 2 Vegetables, Bread, Fruit Tarts.	Tea, Bread and Margarine, Cake.	Milk Puddings or Beef Tea.
Ditto	4 ozs. Boiled Bacon 2 Vegetables, Peas Puddings, Bread, Milk Pudding.	Tea, Bread and Margarine, Jam.	Ditto.
Ditto.	6 ozs. Roast Mutton, 2 Vegetables, Bread Haricots or Blue Peas Milk Pudding.	Ditto.	Ditto.
Coffee, Bread and Margarine Dried Fish	5 ozs. Roast Beef, 2 Vegetables, Bread, Jam Tarts	Ditto.	Ditto.
Coffee Bread and Margarine Egg	5 ozs. Beef made into Pies, 2 Vegetables, Bread, Milk Pudding.	Tea, Bread and Margarine Cake.	Ditto.
Coffee, Bread and Margarine Fish and Meat Paste	6 ozs. Roast Pork, 2 Vegetables, Bread, Bread Pudding	Tea Bread and Margarine, Jam.	Ditto.
Coffee, Bread and Margarine Egg.	5 ozs Roast Beef, 2 Vegetables, Bread Milk Pudding.	Ditto.	Ditto.

31st March, 1926.

ABSTRACT OF ACCOUNTS for the Year ended 31st March, 19
Hospital, situate at Haywards Heath, and belong

Part I.—MAI

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d
Salaries and Wages (exclusive of sums paid for Labour chargeable in the Farming and Gardening Account, or in the Building and Repairs Fund Account) :—			
Officers	4500 11 10		
Servants	17206 0 2		
Superannuation Allowances and Contributions returned under Section 10 (1) of the Asylum Officers' Superannuation Act, 1909	2965 5 9	24671 17 9	
Uniforms...	...	381 2 7	
Provisions	9514 1 5		
Malt Liquor, Wines and Spirits (not included in ordinary diet)	66 19 1		
		9581 0 6	
Farm and Garden Expenses...	...	4785 12 1	
Clothing for Patients	...	2203 18 2	
Furniture and Bedding	...	1474 7 6	
Fuel, Lighting, Washing and other Necessaries	...	7218 0 6	
Expenses attending the Removal, Discharge and Burial of Patients	...	46 15 6	
Carried forward	...	50362 14 7	...

of the Income and Expenditure of the Visiting Committee of the Mental wholly to the Council of the County Borough of Brighton.

TENANCE ACCOUNT.

INCOME.			£ s. d.	£ s. d.
Balance brought forward from Abstract for the previous year			...	22256 7 6
Sums received and receivable on Account of Maintenance of Patients :—				
1. From Guardians of Poor Law Unions within the Borough :—				
NAMES OF UNIONS.	For Maintenance at 24/9 and 24/6 per head per week.	Funeral and other purposes.		
	£ s. d.	£ s. d.		
Brighton	31698 10 2	42 15 0		
Steyning	6654 11 1	2 5 0		
	38353 1 3	45 0 0	38398 1 3	
From Guardians of other Poor Law Unions :—				
NAMES OF UNIONS.	For Maintenance at 24/9 and 24/6 per head per week.	Funeral and other purposes.		
	£ s. d.	£ s. d.		
Birmingham and others	1052 11 9	2 5 0	1054 16 9	
2. From Council of Brighton County Borough :—				
	£ s. d.	£ s. d.		
From the Treasurer of the Borough for Patients adjudged chargeable thereto at 24/9 and 24/6 per head per week ...	479 2 3	4 10 0	483 12 3	
From the Treasurer of the Borough under Section 269 (9) of the Lunacy Act, 1890, in respect of accommodation at other Asylums			288 2 10	
Carried forward			40224 13 1	22256 7 6

Part I.—MAINTENANCE

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Brought forward	...	50362 14 7	
Transfers to the Building and Repairs Fund Account, viz.:			
(*a*) Excess of Weekly Charge on " Out-Borough " Pauper Patients	2073 10 10		
(*b*) Excess of Weekly Charge on Private Patients ...	1824 18 0	3898 8 10	
Payments to Treasurers of other Mental Hospitals for Patients received under Contract	...	1268 8 0	
Other Payments, specifying them :—			
Surgery and Dispensary	502 10 2		
Rates, &c	2269 13 1		
Stationery and Printing	495 11 4		
Periodicals and Amusements	406 8 8		
Incidentals	799 8 0		
Cash Allowances to Service Patients	146 5 0		
On Trial Allowances	16 0 0		
Insurance	10 14 6	4646 10 9	
Total Expenditure and Transfers	...	...	60176 2 22
Balance	...	...	23752 2 00
Total of Expenditure, Transfers and Balance	...	...	83928 4 22

ACCOUNT—continued.

INCOME.	£ s. d.	£ s. d.
Brought forward	40224 13 1	22256 7 6
3. From the Treasurers of other Mental Hospitals for Patients received under Contract or arrangement.		

Names of Mental Hospitals.	Rate per Week.	Maintenance. £ s. d.	Funerals. £ s. d.	£ s. d.
Napsbury	29/9 & 29/6	985 12 9	...	
Eastbourne	29/9 & 29/6	9887 10 0	8 5 0	
		10873 2 9	8 5 0	10881 7 9

	£ s. d.
Sums received and receivable on account of "Private" and "Service" Patients :—	
For Maintenance from 28/- to 63/- per head per week	5763 15 1
Ministry of Pensions (Service Patients)	1931 15 11
Dept. of Soldiers' Civil Re-Establishment (Canada)	147 19 2
Cash Receipts on Farming and Gardening Account	1614 19 6
Income from Local Authorities in respect of proportion of Pensions ...	552 13 10
Other Income, viz. :—	
Receipts from Sale of Kitchen Stuff, Old Stores, and Sundries ...	335 11 5
Rents and Fines	16 11 6
Bankers' Interest	202 9 5
Total Income	... 61671 16 8
Total of Income and Balance	... 83928 4 2

Part II.—BUILDINGS AND

EXPENDITURE.	£ s. d. Electric Light Installation.	£ s. d. Other Expenditure.	£ s. d.
Sums paid on account of :—	—	—	
Ordinary Repairs	...	5793 9 10	
Superannuation	...	143 11 2	
Alterations, Additions and Improvements	...	55 9 11	
Tithe Rent Charge	...	25 17 0	
Insurances and Rates	...	72 13 4	
Erection of New Electrical Power Station Building ...	2200 0 0		
Cables	921 15 11		
Battery Charging Booster and Switchboard	429 6 0		
Overhead Travelling Crane	134 2 0		
Oil Engines and Accessories	2752 19 10		
Wiring Installation	630 0 0		
Printing Specifications	48 2 9		
Total Expenditure	7116 6 6	...	6091 1 33
Balance	...	...	1045 13 99
Total of Expenditure and Balance	7116 6 6	...	7136 15 00

SUMMARY OF INCOME, EXPENDITURE

EXPENDITURE.	£ s. d.	£ s. d.	£ s. d.
Expenditure and Transfers :—			
Maintenance Account	...	60176 2 2	
Building and Repairs Fund Account :—			
Out of Money raised by Loans	7116 6 6		
Out of other Moneys	6091 1 3		
Total	13207 7 9	60176 2 2	73383 9 11
Deduct—Transfers from the Maintenance Account to the Buildings and Repairs Fund Account	...	...	3898 8 10
Total Expenditure	...	...	69485 1 1

REPAIRS FUND ACCOUNT.

INCOME.	£ s. d.	£ s. d.	£ s. d.
Balance brought forward from Abstract for the previous year	...	...	1206 15 0
Sums receivable from Treasurer of Borough on account of—			
Ordinary Repairs	...	1934 9 6	
Electric Light Installation	7116 6 6		
Other Receipts, specifying them :—			
Bankers' Interest	...	35 8 8	
Sundry Sales	...	26 15 0	
Transfers from the Maintenance Account, viz. :—			
(*a*) Excess of Weekly Charge on "Out-Borough" Pauper Patients	...	2073 10 10	
(*b*) Excess of Weekly Charge on Private Patients ...	...	1824 18 0	
Income from Local Authorities in respect of proportion of Pensions	...	34 18 0	
Total Receipts and Transfers	7116 6 6	...	5930 0 0
Total of Receipts, Transfers and Balance	7116 6 6	...	7136 15 0

AND TRANSFERS IN PARTS I. and II.

INCOME.	£ s. d.	£ s. d.	£ s. d.
Income and Transfers :—			
Maintenance Account	...	61671 16 8	
Building and Repairs Fund Account :—			
Moneys raised by means of Loans	7116 6 6		
Other Moneys	5930 0 0		
	13046 6 6	61671 16 8	
Deduct—Transfers from the Maintenance Account to the Building and Repairs Fund Account	...	...	74718 3 2 3898 8 10
Total Receipts	...	...	70819 14 4

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

Farm and Garden Account for the year ending 31st March, 1926.

EXPENDITURE.

	£	s.	d.	£	s.	d.
To Value of Stock at commencement of the Year, viz :—						
Live Stock	2246	3	0			
Dead Stock	1651	1	3			
Tenant's Valuation	1532	17	1			
Provender	370	5	3			
				5800	6	7
Sums paid and payable during the year in respect of :—						
Labour—						
Wages of Bailiff, Gardener, Cowman, Carters and other Servants employed on Farm and Garden ...				1674	8	0
Stock—Purchased—						
6 Cows	250	0	0			
6 Heifers	111	10	0			
117 Sheep	473	8	0			
1 Suffolk Ram	13	13	0			
5 Sows	61	1	0			
Implements &c.	54	1	8			
				963	13	8
Provender—						
Cattle Cake	426	2	0			
Bran, Sharps	673	4	11			
Barley Meal & Bean Meal	104	16	3			
Hay	71	2	0			
Oats	45	18	10			
Straw	202	5	6			
All Grains	120	6	8			
Maize and Wheat	66	15	3			
				1710	11	5
Seeds and Manures—						
Seeds, Manures and Lime				236	15	5
Other Payments—						
Thrashing and Thatching	6	0	0			
Railway Carriage	17	16	0			
Straw for Thatching ...	5	18	2			
Medicine and Shoeing...	35	0	0			
Paraffin and Petrol	11	15	0			
Valuation	10	10	0			
Strawberry and Raspberry Plants	10	9	6			
Insurance	2	0	11			
Sundries	175	18	0			
				275	7	7
Rates and Taxes	41	4	10			
Estimated Rent of Farm	200	0	0			
				241	4	10
Charge for Swill				39	0	0
Charge for Coal and Coke				34	10	5
Balance in favour ...				**310**	**3**	**9**
				£11286	1	8

INCOME.

	£	s.	d.	£	s.	d.
By sums received and receivable during the year viz :						
Sales						
20 Calves	56	3	9			
95 Sheep	307	6	6			
187 Pigs	1223	1	3			
Hides and Skins	1	18	6			
2 Cows	18	9	6			
2 Dead Cows	1	10	0			
Sundries	6	10	0			
				1614	19	
By Value of Goods supplied to Hospital during year :—						
Average Price						
609 lbs. Beef, 5¾d. lb.	14	9	1			
9,896 lbs. Pork, 11¾d. lb.	489	3	5			
201,, Mutton, 10½ lb.	8	13	9			
				512	6	
22,109 Galls. Milk, 1/0¾d. gal.	1165	13	1			
22,664 No. Eggs, 1¾d. ea.	175	10	0			
135 ,, Poultry, 5/- each	33	10	0			
47 ,, Rabbits, 1/5 each	3	6	2			
				1377	19	
2,385 Bus. Cabbage, 2/3 bus	269	9	6			
164 ,, Onions, 4/1 bus	34	8	7			
3,511 ,, Potatoes, 2/7 bus	452	11	10			
7 ,, Peas, 9/- bus.	3	2	10			
299 ,, Beans, 3/10 bus	57	10	0			
69½ ,, Carrots, 2/10¾d. bus	10	3	1			
334½ ,, Parsnips, 2/3¼ bus	38	2	10			
222½ ,, Turnips and Swedes, 1/9½d. bus.	20	0	1			
2,873 No. Cauliflowers, 3½d. each	43	0	5			
Other Vegetables	68	8	0			
Fruit and Rhubarb	60	10	8			
Vegetables and Fruit supplied to Medical Superintendent &c...	40	16	11			
				1098	4	
Faggots and Poles				54	0	
Keep of Estate Horse				39	0	
Carting for House				189	19	
By Value of Stock at end of year, viz :—						
Live Stock	2806	14	0			
Dead Stock	1544	18	4			
Tenant's Valuation...	1642	11	2			
Provender ...	405	8	8			
				6399	12	[illegible]
				£11286	1	[illegible]

BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

BALANCE SHEET, 31st March, 1926.

MAINTENANCE ACCOUNT.

LIABILITIES.

	£	s.	d
Amount due to Sundry Creditors, Invoice Account	4535	19	11
Cheques drawn but not paid in, viz. :—			
Sundry Salaries, Pensions, etc.	1476	7	1
Balance to credit of Maintenance Account	23752	2	0
	£29764	9	0

ASSETS.

	£	s.	d.	£	s.	d.
Sums due to the Committee of Visitors :—						
From Guardians of Brighton Parish } Poor Law Unions				7742	17	4
,, ,, ,, Steyning Union } within the Borough				1696	10	11
,, ,, ,, Other Poor Law Unions..	257	8	0			
,, Treasurer of the Borough	110	5	0			
,, Treasurers of other Asylums	2775	11	7			
,, Private Patients	507	3	10			
,, Ministry of Pensions	548	16	9			
,, Farm Sales	60	9	0			
,, Stores Sundry Sales	19	0	2			
,, Other Sundry Sales	5	10	3			
,, East Sussex County Council (Proportion of Pensions)	254	10	6			
,, Borough Council (Rebate)	69	13	8			
,, Building and Repairs Fund	475	10	2			
				5083	18	11
				14523	7	2
Value of Stocks on hand				4258	5	11
Cash :—						
Treasurer	9129	8	7			
Clerk and Steward	1853	7	4			
				10982	15	11
				£29764	9	0

BUILDING AND REPAIRS FUND ACCOUNT.

LIABILITIES.

	£	s.	d.
Due to Maintenance Account	475	10	2
Cheques drawn but not paid in	4517	1	10
Balance to credit of Building and Repairs Fund Account	1045	13	9
	£6038	5	9

ASSETS.

	£	s.	d.
Due from Borough Treasurer on A/c of Electric Light Installation	4994	10	7
From East Sussex County Council (Proportion of Pensions)	17	8	11
From Sundry Sales	10	10	0
Cash—Treasurer	1015	16	3
	£6038	5	9

Submitted to the Finance Committee this 24th day of April, 1926.

(Signed) WM. STEVENS,
W. G. WELLMAN.

Examined,
A. C. EMBUREY, *for Borough Accountant,*
21st April, 1926.

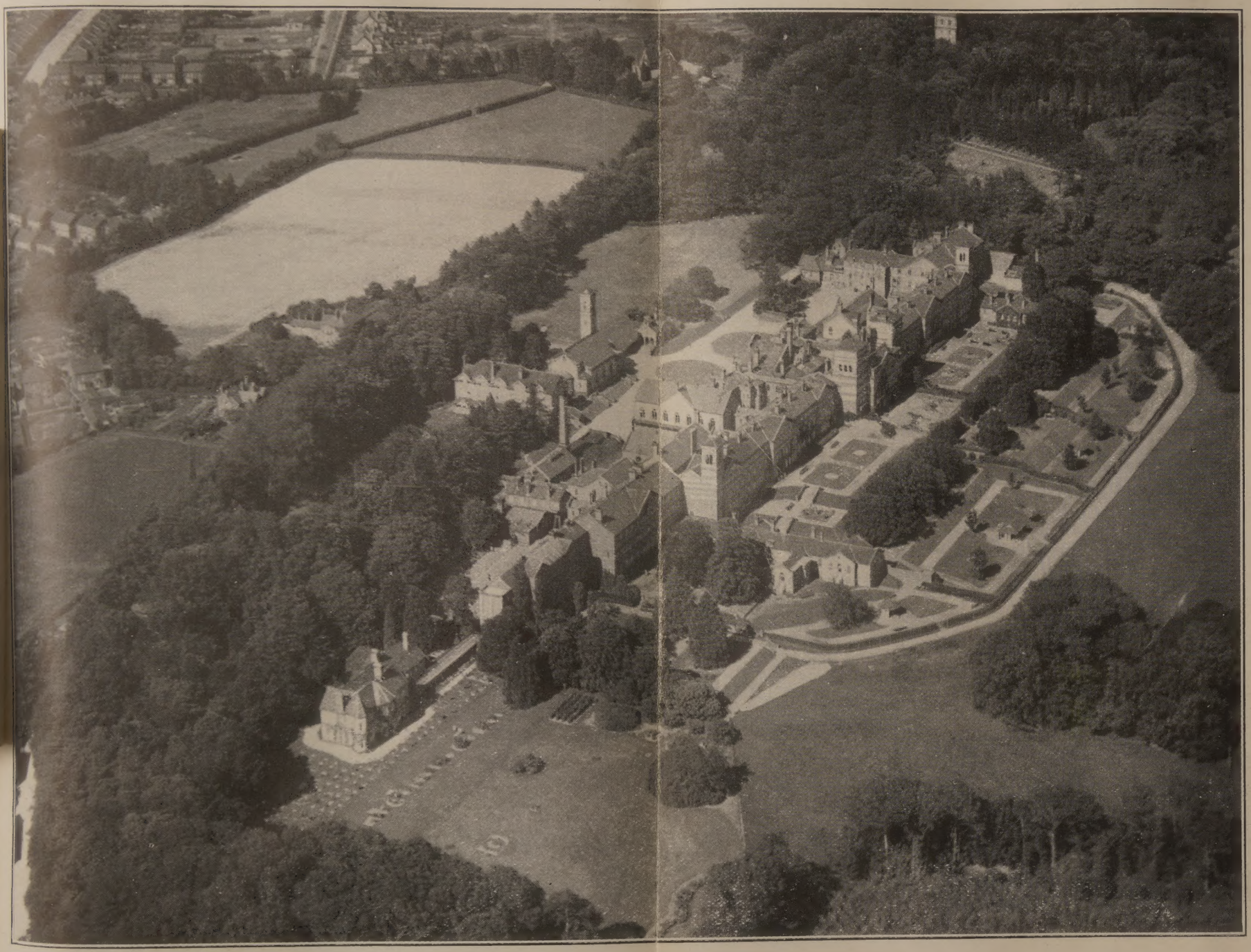
W. E. MITCHELL, *Clerk and Steward.*

TABLE SHOWING THE WEEKLY CHARGE FOR MAINTENANCE OF PATIENTS CHARGEABLE TO THE COUNTY BOROUGH OF BRIGHTON.

Year.	March.		June.		Sept.		Dec.	
	s.	d.	s.	d.	s.	d.	s.	d.
1903	...		...		...		12	6
1904	12	6	11	1	10	9	10	6
1905	10	6	10	0	10	0	10	0
1906	10	0	9	6	9	6	9	6
1907	9	6	9	6	9	6	10	0
1908	10	0	10	9	11	0	11	0
1909	11	0	11	0	11	0	11	0
1910	11	0	10	9	10	0	9	9
1911	9	9	9	9	9	9	9	9
1912	10	0	11	0	11	0	11	0
1913	11	6	11	6	11	6	12	0
1914	12	6	12	6	12	6	12	6
1915	12	6	13	6	13	6	13	6
1916	13	6	13	6	13	6	14	0
1917	15	6	16	6	17	6	18	6
1918	18	6	18	6	20	0	20	0
1919	19	6	20	0	25	0	25	0
1920	28	6	28	6	30	0	31	0
1921	31	0	31	0	31	0	30	0
1922	30	0	28	0	27	0	25	0
1923	24	0	24	0	24	0	24	0
1924	24	0	24	0	24	0	24	0
1925	24	9	24	9	24	9	24	6
1926	24	6	24	6				

AVERAGE WEEKLY COST PER HEAD.

Year ending 31st March—	1914		1915		1916		1917		1918		1919		1920		1921		1922		1923		1924		1925		1926	
	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.	s.	d.
Provisions	3	8¾	4	2⅛	5	0⅜	6	4⅝	6	8¾	6	7¼	6	6	6	8¾	5	5	4	4⅝	4	4¾	4	3⅜	4	5⅛
Clothing		8⅝		7		7⅝		9⅞		9⅛	1	2¾	1	9⅞	1	11⅞	1	9¾	1	7⅜	1	7¾	1	0	1	2⅜
Salaries and Wages	3	6	3	7⅜	3	9⅞	4	4⅛	4	6½	4	10	9	10½	12	0	11	11½	10	10¾	10	1¾	10	1¾	10	1⅛
Pensions		1		1½		1⅜		1⅝		1¾		1½		1⅞		2⅛		3⅜		4		7	1	2⅛	1	4½
Necessaries	2	1⅜	2	0¾	2	0⅞	2	4⅝	2	7½	3	0¼	3	8¾	4	4⅛	4	5⅜	3	10⅞	3	7⅛	3	8⅝	3	4¼
Surgery and Dispensary		1⅛		1½		2		2		1⅝		2⅜		2¼		2½		3⅛		2¾		2¾		3		2¾
Wines and Spirits		⅜		½		½		⅜		⅜		¼		⅜		⅜		⅜		½		⅝		⅜		⅜
Furniture and Bedding		3⅞		3¾		4¼		3⅝		3	1	0⅛	1	1⅛		10⅝		11½		10⅝		8		7⅛		8¼
Farm and Garden		10⅝		8¾		9		11	2	2	2	4⅜	3	5⅜	4	4⅜	2	10½	2	3	2	2¼	2	2¾	2	2¾
Miscellaneous (including Rates and Taxes)		10¾		10		9⅝		8¾		10⅛		10¼	1	3⅞	1	7¾	1	10⅞	1	11⅜	1	8¾	1	9⅜	1	10⅛
	12	4½	12	7¼	13	9½	16	2⅝	18	2¾	20	3⅛	28	2	32	4½	29	11⅜	26	5⅞	25	2¾	25	2½	25	5⅝
Less Sales		4		5¼		5⅛		5⅞		10½	1	1½	2	2⅛	2	8⅜	1	5⅝	1	3⅛		10½		9⅜	1	3⅛
Net Total Cost	12	0½	12	2	13	4⅜	15	8¾	17	4¼	19	1⅝	25	11⅞	29	8⅛	28	5¾	25	2¾	24	4¼	24	5⅛	24	2½



BRIGHTON COUNTY BOROUGH MENTAL HOSPITAL.

ROYAL COLLEGE OF SURGEONS OF ENGLAND
JUL 27
LIBRARY